

INTACS[®] Post-Operative Instructions

PLEASE START YOUR EYE DROPS IMMEDIATELY

BESIVANCE or OFLOXACIN:

1 drop in OPERATED EYE(S) 3 times a day for 7 days.

LOTEMAX GEL or Prednisolone

1 drop in the OPERATED EYE(S) 3 times a day for 7 days.

ARTIFICIAL TEARS:

1 drop in OPERATED EYE(S) 4 or more times a day or as needed.

OPTIONAL IF YOU FEEL PAIN AFTER YOU GO HOME (Tylenol or Advil):

1 tablet every 4-6 hours as needed for pain. (No more than 4 tablets in one day.)

Follow these instructions unless otherwise directed.

- You will experience some discomfort the day of surgery. You may experience itching, burning, tearing, foreign body sensation and light sensitivity. Do not be alarmed. This is not unusual after the **Intacs**[™] procedure.
- Fluctuations in your vision may occur daily. Do not be alarmed if your vision does not stabilize for several weeks. This is not unusual after the **Intacs**[™] procedure.
- A shield will be applied over your eye(s) following the procedure. Please wear the shield every night for 2 weeks. The shield will help prevent you from accidentally rubbing your eye(s) while you sleep whereby you may disrupt the surgical healing process.
- You may remove the shield the day after your procedure and when you are instilling drops in your eyes. Also, make sure you use your shield before you go to bed. Make sure you bring your medications for your follow up appointments. **We want to provide the highest quality care during your recovery.** Expect to come in **day 1, day 7, day 14 and at 1 month.**
- Avoid getting any contaminated water into your eye(s), including water from swimming pools, hot tubs, showers or the ocean for the next 7 days.
- Do not use eye make-up for 1 week following the procedure.
- If needed, gently pat or wipe the eye(s). Do not rub your eye(s).
- In the advent of severe pain, excessive discharge, increasing redness and swelling, or loss of vision, you should contact **805-987-5300** after hours, so that Dr. Dougherty or one of his associates can attend to your problem immediately.